



CARE HOMES

ROMFORD

Romford Care Centre Improving Care Quality

Read David's story

When David Bristow moved into Romford Care Centre in June 2021, which specialises in caring for people with Dementia, his care needs were significant. As well as a diagnosis of dementia, he was living with depression and struggling to accept how his life had changed in recent years. He required one to one care, and eventually lost his appetite, rarely spoke and it looked as though he was entering the last chapter of his life.



Romford Care Centre's Dementia Ambassador John Olival began working intensively with David, spending time in his room, chatting to him about his life and slowly gaining his trust. Eventually David responded and since then life has changed dramatically. As John and the care team have got to know David, his life story and his interests they have been able to tailor the care and support they provide to meet his needs. To help David regain his mobility and independence, achievable goals were set for him to help him believe that things were still possible and that his life had meaning.



A religious man, David has been supported to re-engage with local St Agnes Church and Hall and now has regular contact with the Vicar there whom he knew before moving to Romford Care Centre.

David had always wanted to attend a Remembrance Day Parade and this year members of the care team made that a reality by arranging a trip to the Cenotaph in Romford where he took part in the parade, honouring his Grandfather who had been in the forces. Following the parade David and the care team went out for lunch in Romford Market, a place David thought he would never see again. He ordered a double all-day breakfast, and ate the lot, something that a few months ago David and the team would not have thought possible. These days David spends his time listening to music, watching football and telling stories to his fellow residents about his life and travels. A keen Leyton Orient supporter, David's next outing is to The Matchroom Stadium, or as he refers to it, Brisbane Road to watch the match. David was delighted to share his story. He said he felt privileged to be part of what we do so well at Romford Care Centre and looks forward to reading about himself!